

# **SNS COLLEGE OF TECHNOLOGY**

**An Autonomous Institution  
Coimbatore-35**



## **DEPARTMENT OF ARTIFICIAL INTELLIGENCE & DATA SCIENCE**

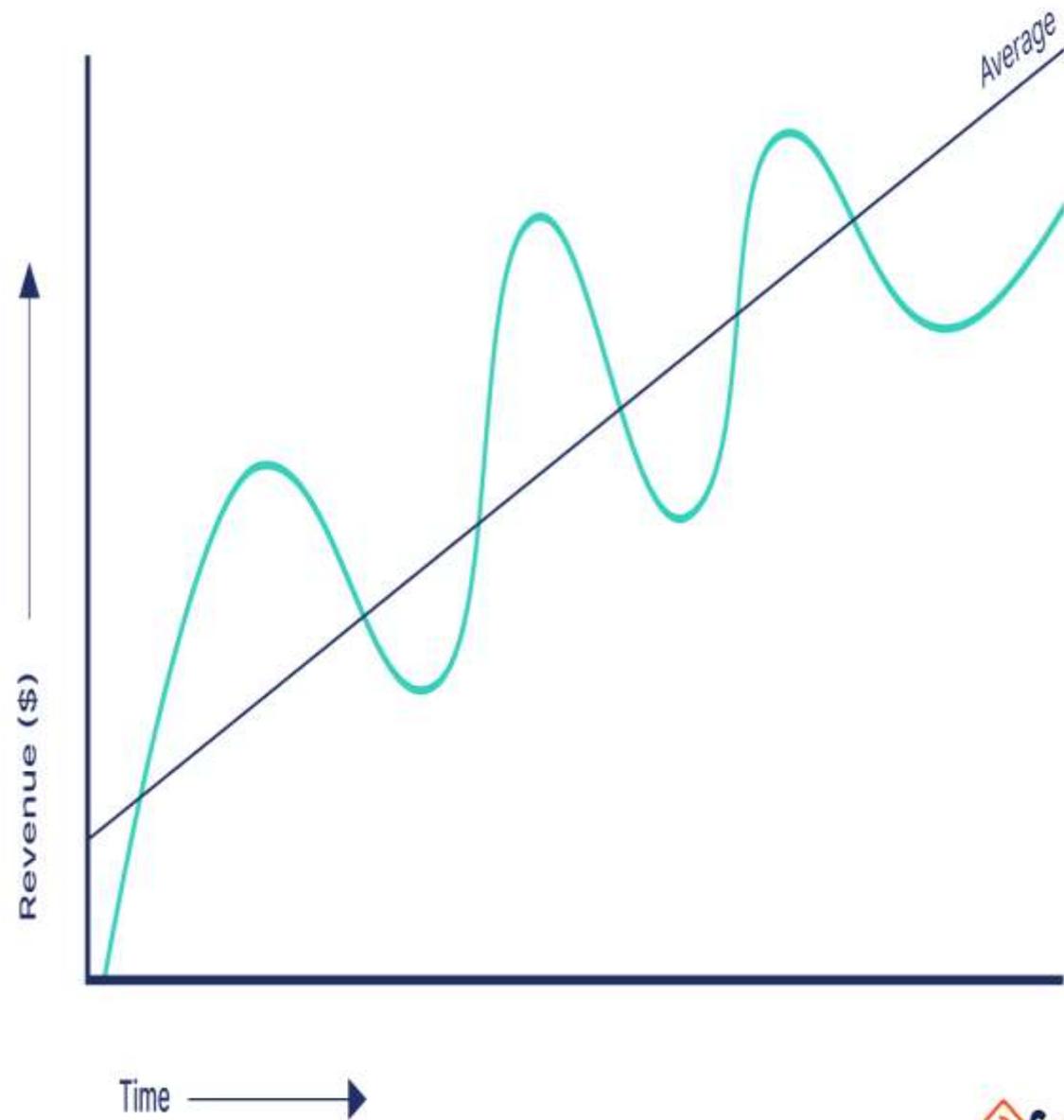
### **23ADT202 – FUNDAMENTALS OF DATA SCIENCE AND ANALYTICS**

**II YEAR IV SEM**

**UNIT II – Regression toward the mean.**

## Regression to the mean

A statistical phenomenon that describes how variables with outliers on the first measurement are often closer to the mean when measured again.



## EMPATHY:

# Regression to the Mean | Definition & Examples

- ❖ Regression to the mean (RTM) is a statistical phenomenon describing how variables much higher or lower than the mean are often much closer to the mean when measured a second time.
- ❖ Regression to the mean is due to natural variation or chance.
- ❖ It can be observed in everyday life, particularly in research that intentionally focuses on the most extreme cases or events.
- ❖ It is sometimes also called regression toward the mean.

**DEFINE:**

## Example: Regression to the mean

- ❖ A basketball player scores unusually high in one game but returns to their average scoring in the subsequent match.
- ❖ The idea can also apply to entire seasons because you can count a season as a sample of games.
- ❖ A rookie can have an unusually good first season and then experience the “sophomore slump,” where performance declines toward the average.
- ❖ Conversely, baseball players with subpar batting averages one season tend to improve toward the mean the next season.

**IDEATE:****What is regression to the mean?**

- ❖ Regression to the mean occurs when a nonrandom sample is selected from a population and you measure two imperfectly correlated variables, such as two consecutive blood pressure measurements.
- ❖ The smaller the correlation between the two variables, the larger the effect of RTM.
- ❖ The more extreme the value from the population mean, the more room there is to regress to the mean.
- ❖ Regression to the mean can be explained by considering, for example, that skill and performance are imperfectly correlated due to the role of luck.
- ❖ This may lead you to find a causal relationship where there isn't one.

## PROTOTYPING:

### Why is regression to the mean a problem?

- ❖ Regression to the mean can prove problematic particularly in research studies that measure the effectiveness of an intervention, program, or policy.
- ❖ It can mislead researchers to believe that an intervention is the cause of an observed change, when in reality it is due to chance.
- ❖ This is particularly evident when researchers focus on measurements of people, cases, or organizations at the extremes, such as the worst-performing, the best-educated, or the unhealthiest.
- ❖ RTM shows us that, statistically, the lowest cases are likely to improve the second time, while those at their peak will likely perform worse even without the intervention.
- ❖ Because it can distort results, you need to take regression to the mean into account when designing your research as well as when analyzing your findings.

## Calculating the percent of regression to the mean

- Alternatively, you can calculate the percent of regression to the mean during your data analysis. You can use the formula below to calculate regression to the mean.

$Prm = 100(1 - r)$  where  $Prm$  = percent of regression to the mean  $r$  = correlation coefficient

- When there is perfect correlation between your variables, then  $r = 1$
- Using the formula above,  $Prm = 100(1 - 1) = 0$
- In other words, if your variables are perfectly correlated, they will not regress to the mean.
- On the contrary, when there is no correlation ( $r = 0$ ), there is 100% regression to the mean.
- When there is imperfect correlation between your variables, then  $r$  is between  $-1$  and  $+1$ .

If your example  $r = 0.2$ , there is 80% regression to the mean:

$$Prm = 100(1 - 0.2)$$

$$Prm = 100(0.8)$$

$$Prm = 80\%$$