

#### SNS COLLEGE OF PHARMACY AND HEALTH SCIENCES



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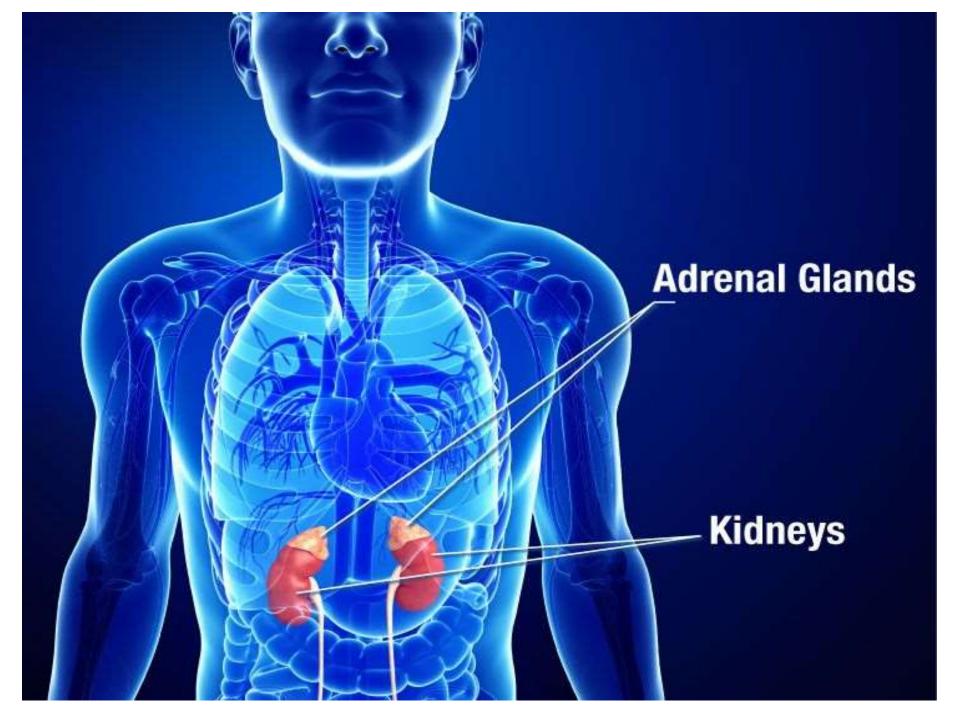
DEPARTMENT OF PHARMACY

**B.PHARMACY, I YEAR/ II SEMESTER** 

SUBJECT: HUMAN ANATOMY AND PHYSIOLOGY

**UNIT –IV(ENDOCRINE SYTEM)** 

TOPIC-ADRENAL GLAND



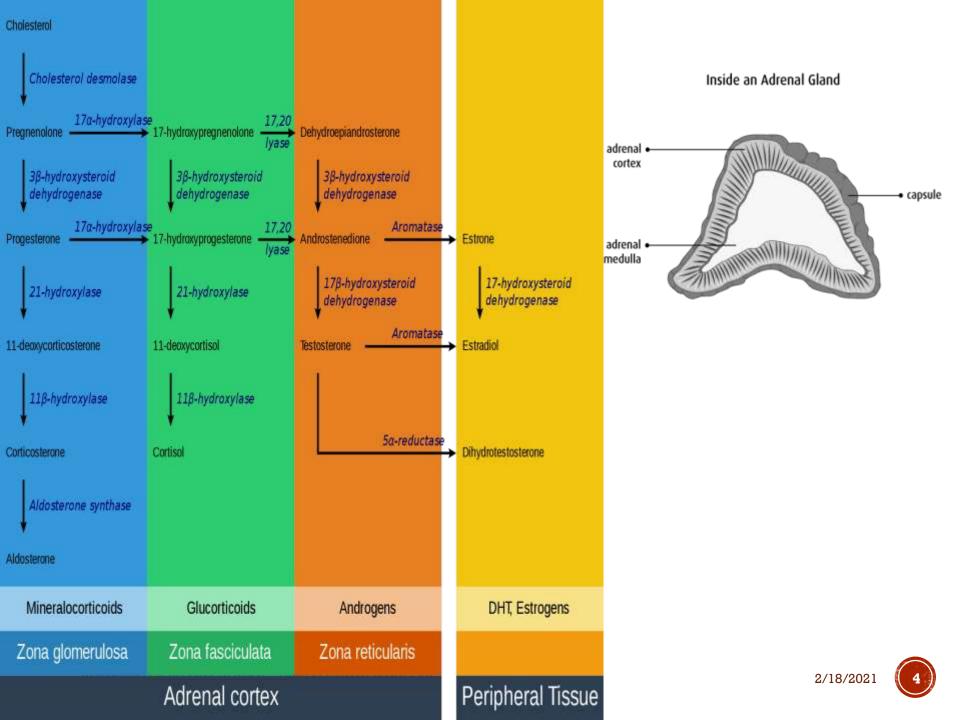
## ADRENAL GLAND

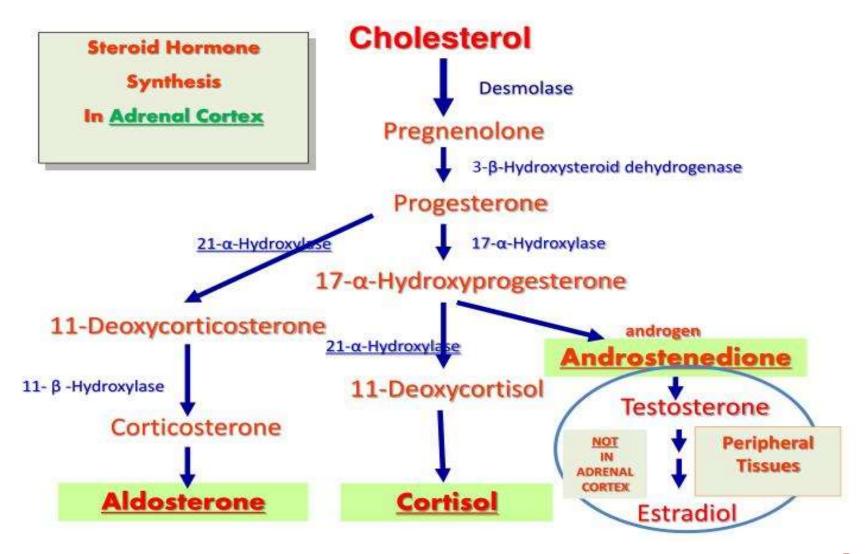
Small, triangular glands loosely attached to the kidneys

Divided into two morphologically distinct regions

- adrenal cortex (outer)
- adrenal medulla (inner)

The hormones are made in the outer layer of the adrenal gland (adrenal cortex) and in the inner layer of the adrenal gland (adrenal medulla). Each adrenal gland has a covering (capsule).





### **Adrenal cortex hormones**

The adrenal cortex produces several hormones. The most important are aldosterone (a mineralocorticoid), cortisol (a glucocorticoid), and androgens and estrogen (sex hormones).

- Aldosterone helps the kidneys control the amount of salt in the blood and tissues of the body.
- Cortisol helps the body manage and use carbohydrates, protein and fat. It also causes changes in metabolism to help the body manage stress, and it suppresses the immune system.

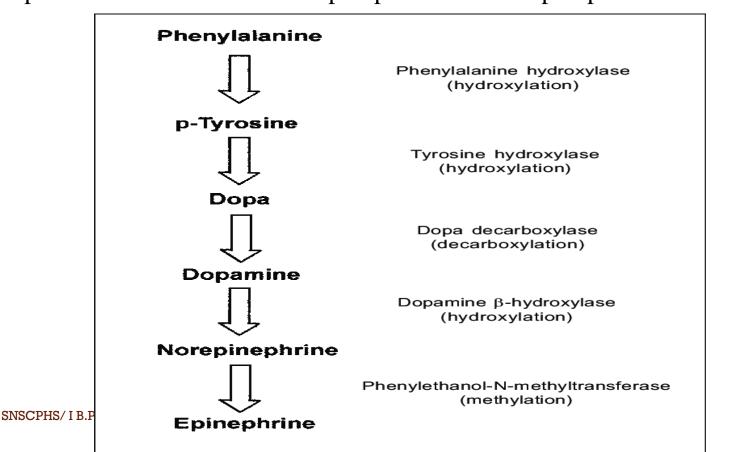
- >Androgens are male sex hormones. The adrenal glands of both men and women make androgens, but in different amounts. Androgens help the organs of the reproductive system grow, develop and function. Androgens also control the development of male physical traits, such as deep voice, body and facial hair growth and body shape. Androgens are needed to make estrogen.
- Estrogen is a female sex hormone. It controls female reproduction and sexual development, including the development of female characteristics such as the growth of

### **Adrenal cortex:**

The adrenal cortex is made up of inner, middle and outer layers. Aldosterone is produced in the outer layer. Cortisol, androgen and estrogen are produced in the inner layer (active zone) and stored in the middle layer (storage zone). In times of stress, the storage zone shrinks and the active zone thickens to secrete more hormones.

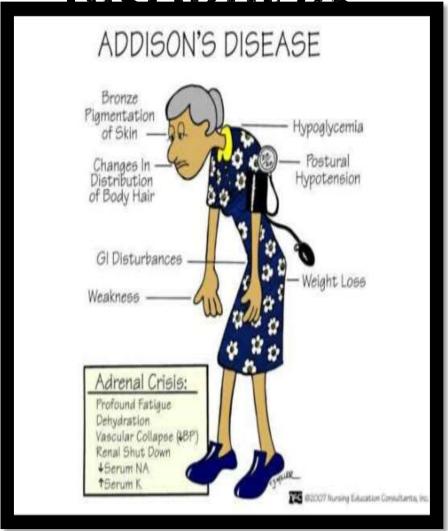
#### Adrenal medulla hormones:

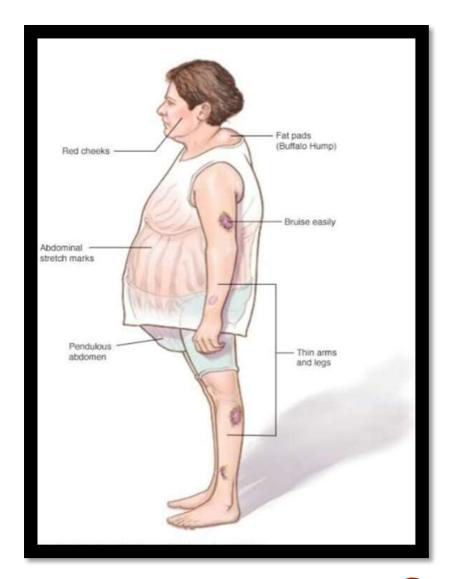
The hormones produced by the adrenal medulla are called catecholamines. They act as hormones and as neurotransmitters (chemical messengers in the nervous system). They manage the body's response to stress. The 2 more important catecholamines are epinephrine and norepinephrine.



- Epinephrine (adrenaline) is released during times of shortterm stress such as sudden shock or fear. It increases heart rate, blood pressure and blood sugar levels.
- Norepinephrine (noradrenaline) constricts blood vessels. Like epinephrine, it increases heart rate, blood pressure and blood sugar levels.
- The adrenal medulla also produces the protein chromogranin A, which is stored and secreted with epinephrine and norepinephrine.

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### **DISORDERS**

CUSHING SYNDROME - Excess secretion of adrenal cortex h





ADDISONS DISEASE (auto immune disorder) - Inadequate secretion of corticosteroids resulting from partial or complete destruction of the adrenal glands



