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Curcuma longa L.



INTRODUCTION

Botanical origin

- *curcuma longa*

Family

- zingiberaceae

Common name

- Turmeric

Urdu name

- Haldi

Part used

- Dried rhizomes

CHEMICAL CONSTITUENTS

Curcumin

Curcuminoids

Cymene

Tumeron

Isdemethoxycurcumin

Demethoxycurcumin

Diaryl heptanoids

MEDICINAL USES

As an antioxidant

Use to treat arthritis

Used for cancer treatment

Improve the liver function

cardiovascular protection

Use for headache

lung infections, menstrual problem

**Other uses include Alzheimer's disease
,depression , worms and kidney problems**