

Here's your ☐ **Crisscross Puzzle** for the topic **"Nutraceuticals"**, based on the key concepts and herbs provided.

Puzzle Grid (20x20)

You can print or copy this into a puzzle maker to create an interactive version:

	N	U	T	R	A	C	E	U	T	I	C	A	L	S	I				
		A	S	H	W	A	G	A	N	D	H	A			R				
							C	H	I	C	O	R	Y	R					
				G	R	O	W	T	H				A	I					
A			C										M	T				S	
L			A	D	I	A	B	E	T	E	S		L	G	A			Y	
F			N	S									A	A	B			N	
A			C	P										S	L			D	
L			E	I										T	E			R	
F	M		R	R										R				P	O
A	A		U			G	I	N	G	E	R		O	D			R	M	
	R		L		C	V	S		S	C	O	P	E		I		O	E	
	K		I			F	E	N	U	G	R	E	E	K	S		D		
	E		N				B	G							E		U		
	T		A				O	I		G				A			C		
							W	N		A				S			T		
							E	S		R				E			S		
							L	E		L				S					
			H	O	N	E	Y			N				I					
										G				C					

Words Included (Clues Optional for Self-Practice)

Word	Direction	Starts at (Row, Col)
GINSENG	Down	(14, 11)
AMLA	Down	(4, 14)
HONEY	Across	(19, 3)
MARKET	Down	(10, 2)
GASTRO	Down	(6, 15)
CVS	Across	(12, 7)
CANCER	Down	(5, 4)
SYNDROME	Down	(5, 20)
NUTRACEUTICALS	Across	(1, 2)
DIABETES	Across	(6, 5)
GROWTH	Across	(4, 7)

Word	Direction	Starts at (Row, Col)
SCOPE	Across	(12, 12)
CHICORY	Across	(3, 17)
FENUGREEK	Across	(12, 10)
GARLIC	Down	(10, 17)
ASHWAGANDHA	Across	(2, 5)
IRRITABLE	Down	(2, 20)
PRODUCTS	Down	(1, 14)
ALFALFA	Down	(5, 1)
SPIRULINA	Down	(3, 18)
BOWEL	Down	(9, 10)
DISEASES	Down	(4, 19)

Would you like me to generate this as a **printable PDF**, or convert it into a **web-based interactive puzzle**?