

Here are the **20 multiple-choice questions** with options and the **answer key** at the bottom. You can copy and paste this into a Word document:

Herbal Cosmetics and Excipients – MCQ Quiz

1. Which of the following is commonly used as a fixed oil in herbal cosmetics?

- a) Castor oil
- b) Lanolin
- c) Beeswax
- d) Menthol

2. Which natural substance is used as a bleaching agent in herbal cosmetics?

- a) Turmeric
- b) Lemon juice
- c) Aloe vera
- d) Neem

3. What is the role of gums in herbal formulations?

- a) Bleaching agent
- b) Sweetening agent
- c) Binding agent
- d) Coloring agent

4. Which herb is often used in oral hygiene products for its antibacterial properties?

- a) Ginger
- b) Neem
- c) Amla
- d) Ashwagandha

5. What is the primary function of antioxidants in herbal skincare products?

- a) Whitening the skin
- b) Preserving the product
- c) Enhancing fragrance
- d) Increasing viscosity

6. Beeswax is commonly used in herbal cosmetics as a:

- a) Perfume
- b) Wax
- c) Sweetener
- d) Disintegrant

7. Which of the following is used as a colorant in herbal formulations?

- a) Chlorophyll
- b) Glycerin
- c) Camphor
- d) Gelatin

8. What is the use of viscosity builders in herbal formulations?

- a) Improve fragrance
- b) Add color
- c) Improve texture and flow
- d) Bleach skin

9. Which herbal ingredient is used in hair care for promoting hair growth?

- a) Garlic
- b) Fenugreek
- c) Spirulina
- d) Turmeric

10. Which of the following is a herbal sweetener used in formulations?

- a) Stevia
- b) Aloe vera
- c) Licorice
- d) Myrrh

11. Herbal excipients are significant because they are:

- a) Chemically synthesized
- b) Derived from minerals
- c) Naturally sourced
- d) Toxic in nature

12. A common disintegrant of herbal origin is:

- a) Acacia
- b) Guar gum
- c) Peppermint
- d) Honey

13. Phytosomes are:

- a) Conventional tablets
- b) Novel drug delivery systems
- c) Herbal perfumes
- d) Sweeteners

14. Which herbal product is commonly used in syrups for its soothing effect on the throat?

- a) Ginger
- b) Honey

- c) Neem
- d) Ashwagandha

15. Which substance of herbal origin is used to impart fragrance in cosmetics?

- a) Lavender oil
- b) Castor oil
- c) Beeswax
- d) Amla

16. A common binder of natural origin used in tablets is:

- a) Starch
- b) Talc
- c) Menthol
- d) Stevia

17. Which of the following is a conventional herbal formulation?

- a) Phytosomes
- b) Syrup
- c) Nanoparticles
- d) Liposomes

18. Natural perfumes in herbal cosmetics are primarily derived from:

- a) Essential oils
- b) Alcohol
- c) Water
- d) Minerals

19. Amla is used in hair care for:

- a) Coloring
- b) Strengthening
- c) Perfuming
- d) Disintegration

20. The herbal excipient used as a diluent is:

- a) Microcrystalline cellulose
- b) Peppermint
- c) Aloe vera
- d) Camphor

Answer Key

1. a) Castor oil
2. b) Lemon juice
3. c) Binding agent

4. b) Neem
5. b) Preserving the product
6. b) Wax
7. a) Chlorophyll
8. c) Improve texture and flow
9. b) Fenugreek
10. a) Stevia
11. c) Naturally sourced
12. b) Guar gum
13. b) Novel drug delivery systems
14. b) Honey
15. a) Lavender oil
16. a) Starch
17. b) Syrup
18. a) Essential oils
19. b) Strengthening
20. a) Microcrystalline cellulose

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