Here are 10 puzzles about the respiratory system, ranging in difficulty. Enjoy!

Respiratory System Puzzles

Puzzle 1: Anagram

Unscramble the letters to find a key part of your respiratory system:

GNU LS

Puzzle 2: Fill in the Blanks

Complete the sentence:

The _____ is a flap of cartilage at the root of the tongue, which is depressed during swallowing to cover the opening of the windpipe.

Puzzle 3: True or False

Determine if the following statement is true or false:

The diaphragm contracts during exhalation.

Puzzle 4: Riddle

I am a tiny air sac, where oxygen and carbon dioxide swap. What am I?

Puzzle 5: Odd One Out

Which of these is NOT directly part of the respiratory system?

a) Trachea b) Bronchi c) Esophagus d) Lungs

Puzzle 6: Word Search (Find the Hidden Word)

Look horizontally, vertically, or diagonally to find a common respiratory illness often associated with allergies.

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N S A T H M A
O X Y G E N R
S T C O U G H
E A L V E O L I
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Puzzle 7: Logic Puzzle

If you inhale, your diaphragm moves (up/down) and your rib cage moves (in/out).

Puzzle 8: Matching

Match the term to its function:

- 1. Pharynx
- 2. Larynx
- 3. Diaphragm
- a) Voice box b) Throat c) Primary muscle of respiration

Puzzle 9: Numerical Sequence

Put these in the correct order of airflow during inhalation:

- 1. Bronchi
- 2. Trachea
- 3. Nose/Mouth
- 4. Alveoli
- 5. Pharynx

Puzzle 10: "What Am I?"

I am a branching network of tubes within the lungs, getting progressively smaller, ending in tiny air sacs. What am I?

Answer Key (No peeking until you're done!)

- 1. LUNGS
- 2. Epiglottis
- 3. False (It relaxes during exhalation)
- 4. Alveolus (or Alveoli)

- 5. c) Esophagus
- 6. ASTHMA
- 7. Down, Out
- 8. 1-b, 2-a, 3-c
- 9. 3, 5, 2, 1, 4
- 10. Bronchial Tree (or Bronchioles)