Unit 2: Social Pharmacy Question Bank

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This question bank is designed for D.Pharm 1st-year students, covering Unit 2 of the Social Pharmacy syllabus as per the PCI ER-2020. It focuses on preventive healthcare, including nutrition and health, demography and family planning, first aid, environmental health, and microbiology in public health. The question bank includes multiple-choice questions (MCQs), short-answer questions, and essay-type questions to aid in exam preparation and understanding of key concepts.

Multiple Choice Questions (MCQs)

Each question carries 1 mark. Choose the correct option.

- 1. Which of the following is a water-soluble vitamin essential for immune function?
 - a) Vitamin A
 - b) Vitamin C
 - c) Vitamin D
 - d) Vitamin K
- 2. What is the primary purpose of family planning programs in India?
 - a) Increase population growth
 - b) Promote healthy spacing and size of families
 - c) Reduce healthcare access
 - d) Encourage early marriage
- 3. In first aid, the ABCs stand for:
 - a) Airway, Breathing, Circulation
 - b) Assessment, Bandage, Care
 - c) Alert, Blood, Compression
 - d) Airway, Bandage, Circulation

- 4. Which environmental factor is most critical for preventing waterborne diseases?
 - a) Air pollution control
 - b) Safe drinking water
 - c) Noise reduction
 - d) Soil conservation
- 5. Which microorganism is commonly associated with foodborne illness like diarrhea?
 - a) Streptococcus pneumoniae
 - b) Salmonella
 - c) Candida albicans
 - d) Mycobacterium tuberculosis

Short-Answer Questions

Each question carries 3 marks. Answer in 2-3 sentences.

- 6. Explain the role of balanced nutrition in disease prevention.
- 7. Describe the demographic cycle and its relevance to public health in India.
- 8. Outline the steps to manage a minor burn in first aid.

Essay-Type Questions

Each question carries 5 marks. Answer in 5-6 sentences.

- 9. Discuss the importance of environmental hygiene in preventing communicable diseases, with examples of specific measures.
- 10. Explain the role of pharmacists in promoting family planning and how they can educate communities about contraceptive methods.

Answer Key for MCQs

- 1. b) Vitamin C
- 2. b) Promote healthy spacing and size of families
- 3. a) Airway, Breathing, Circulation
- 4. b) Safe drinking water
- 5. b) Salmonella