



Across

4. Thyroid hormone that regulates metabolism
6. Stomach-derived peptide that stimulates appetite
7. Pineal gland secretion that controls sleep-wake cycles
9. Adipose-tissue hormone that signals satiety
10. Primary female sex hormone influencing reproductive development

Down

1. Mineralocorticoid that regulates sodium balance
2. Stress-related steroid released by the adrenal cortex
3. Pituitary hormone that stimulates milk production
5. Hormone that prepares the uterus for pregnancy
8. Pancreatic peptide that lowers blood sugar