

# **SNS COLLEGE OF PHARMACY AND HEALTH SCIENCES**

**Coimbatore -641035**



**COURSE NAME : NOVEL DRUG DELIVERY SYSTEM (BP 706 T)**

**VII SEM / IV YEAR**

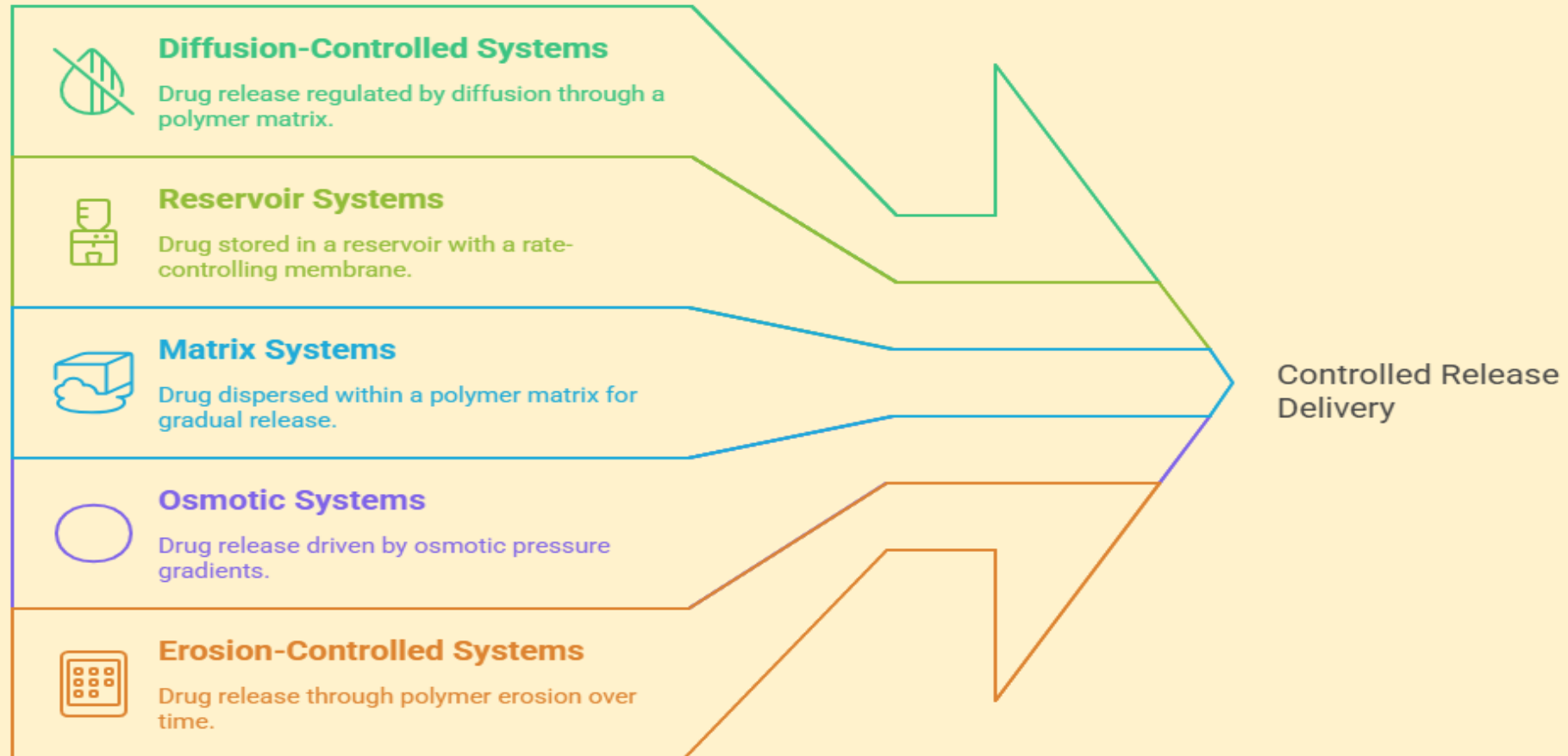
**TOPIC 1 : CONTROLLED RELEASE DRUG DELIVERY SYSTEMS**

## Design Thinking in CRDDS

1. **Empathize:** It means understanding challenges like injection pain in long-acting injectables or adherence issues with oral sustained-release tablets.
2. **Define:** Reframe the problem statement. Instead of "develop a drug that lasts longer," it becomes "create a delivery system that empowers patients to manage chronic pain without daily reminders."
3. **Ideate:** This could involve exploring biomaterials (e.g., hydrogels for pH-triggered release) or hybrid systems (e.g., smart implants with sensors).
4. **Prototype:** It includes in vitro simulations or 3D-printed prototypes of delivery devices. Rapid iteration allows testing release kinetics, biocompatibility, and user interaction, mitigating risks before costly clinical trials.
5. **Test:** In pharma, this integrates with preclinical and early clinical phases, using real-world data to iterate. For example, if a controlled-release patch causes skin irritation, redesign focuses on hypoallergenic materials.

# MINDMAP

## Pathways to Controlled Release



# INTRODUCTION

Controlled drug delivery systems can include the maintenance of drug levels within a **desired range**, the need for **fewer administrations**, optimal use of the drug in question, and **increased patient compliance**.

The basic idea behind CDDS concept is to alter the pharmacokinetics & pharmacodynamics of bioactivities either by **modifying the molecule structure** or **physiological parameters**.

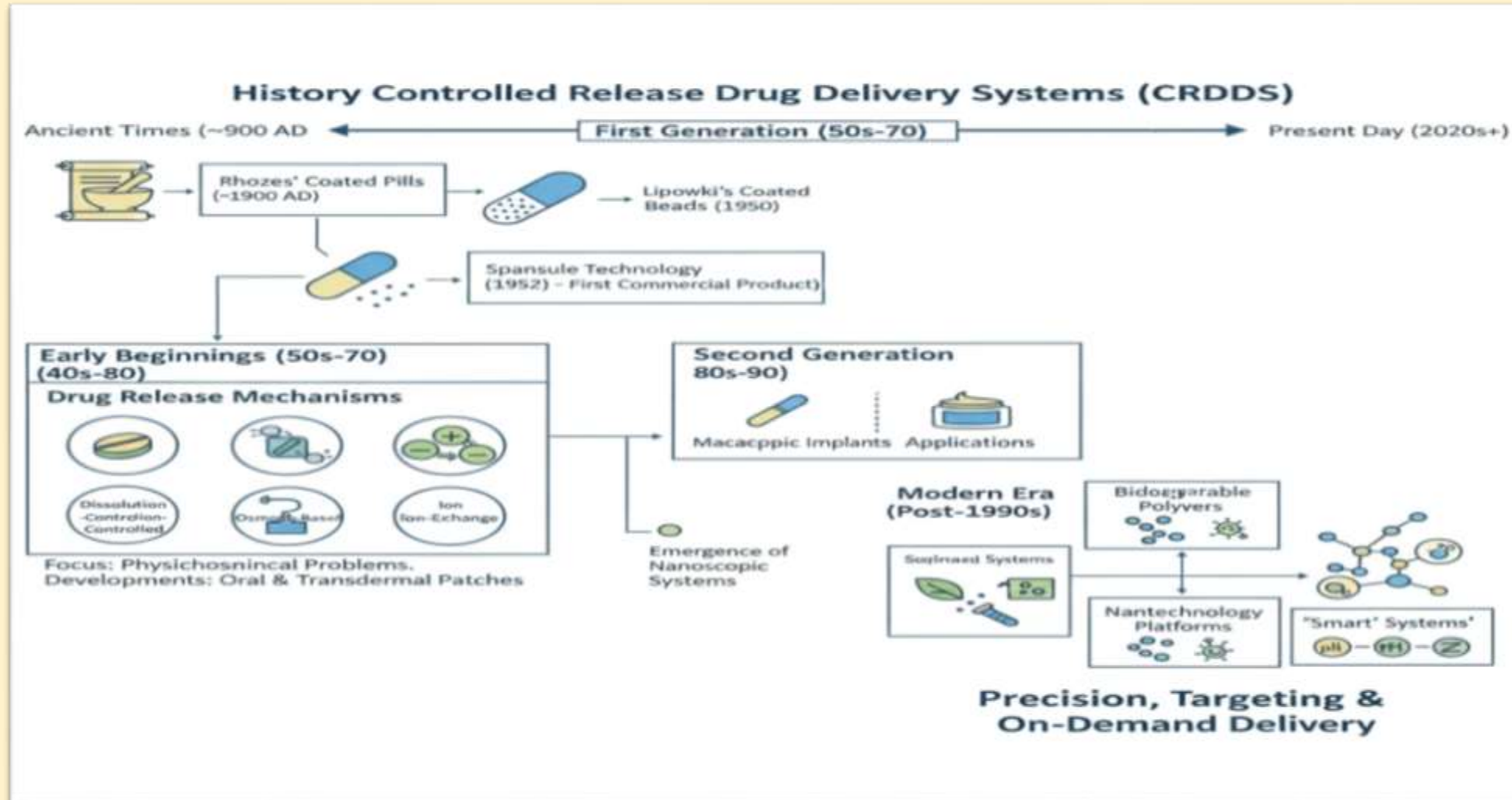


# TERMINOLOGY USED IN CRDDS

## CONTROLLED RELEASE DRUG DELIVERY SYSTEM

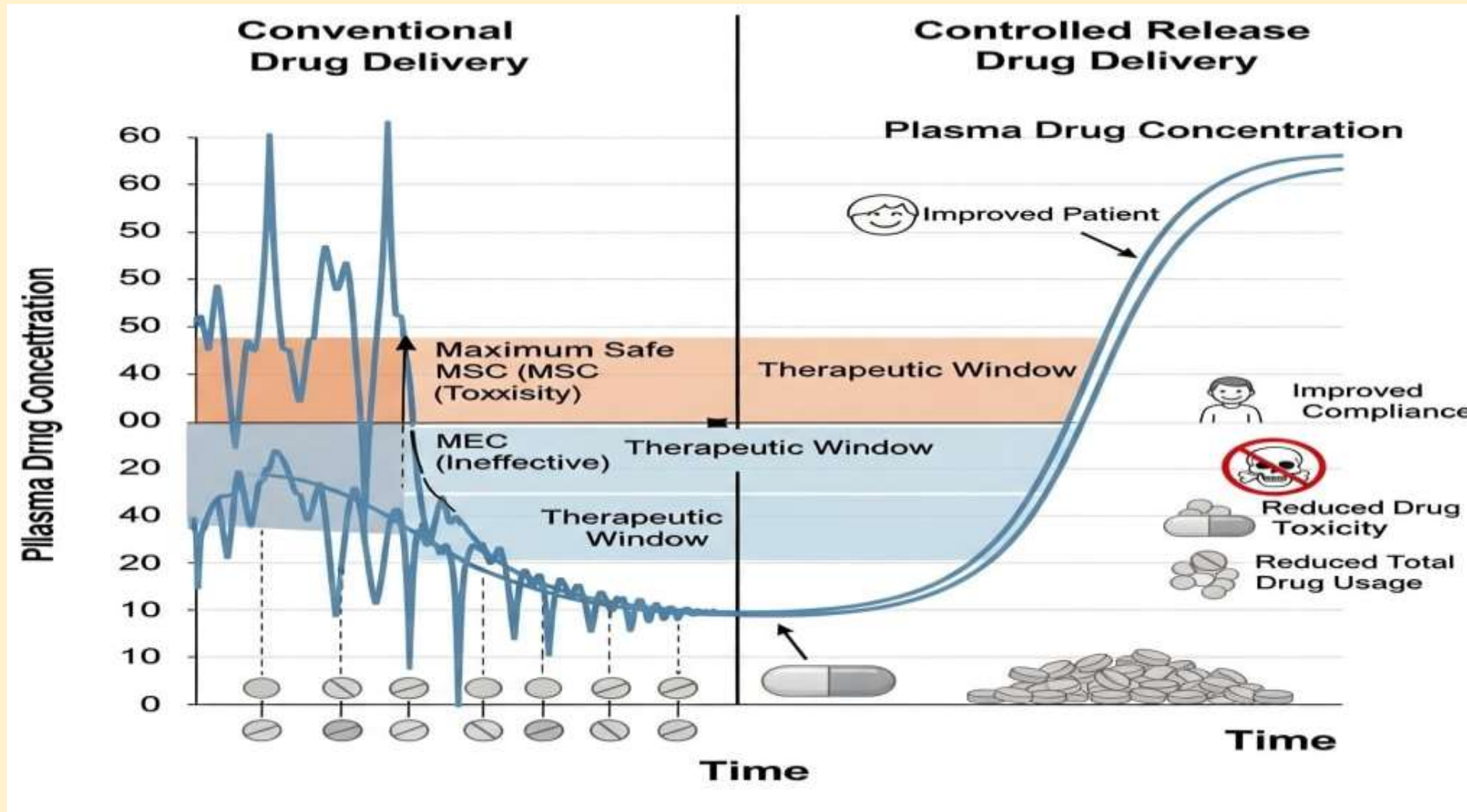


# HISTORY OF CRDDS





# ADVANTAGES OF CRDDS



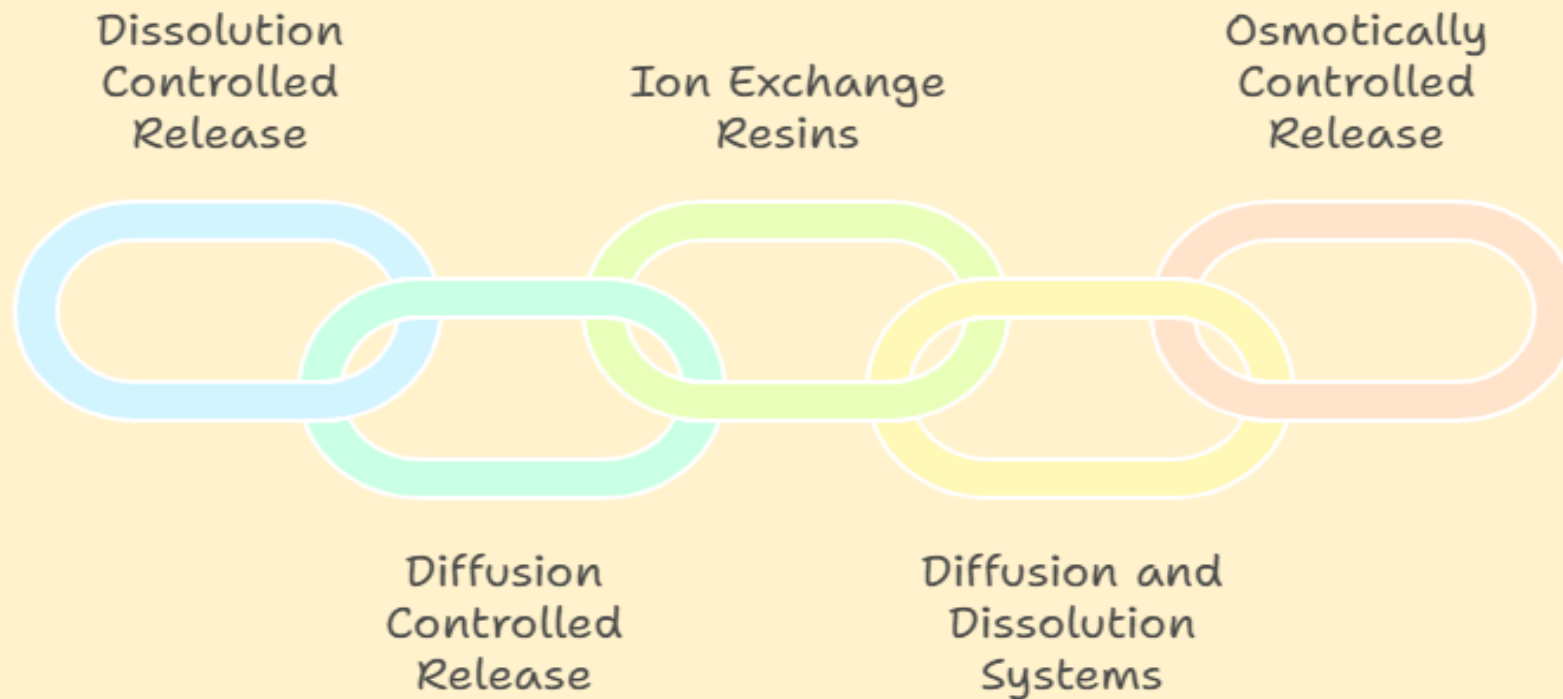
# DRUGS SUITABLE FOR CRDDS





# APPROACHES TO DESIGN CONTROLLED RELEASE FORMULATIONS

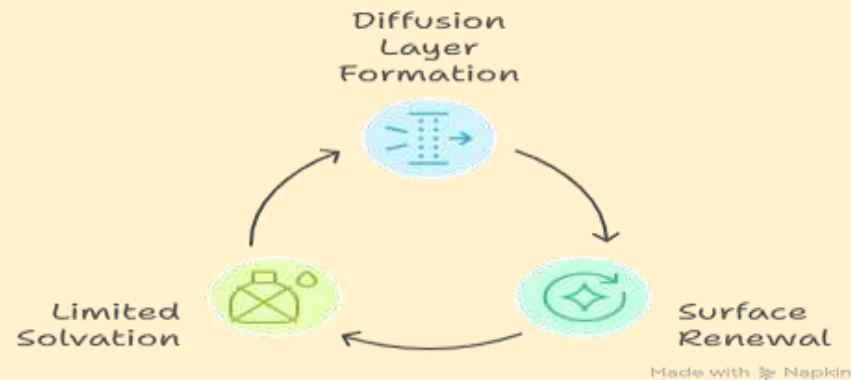
## Methods of Controlled Release



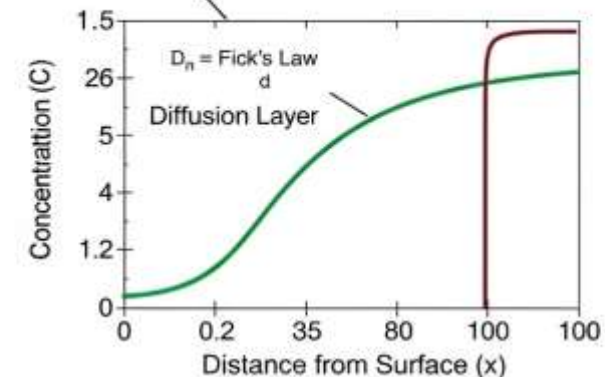
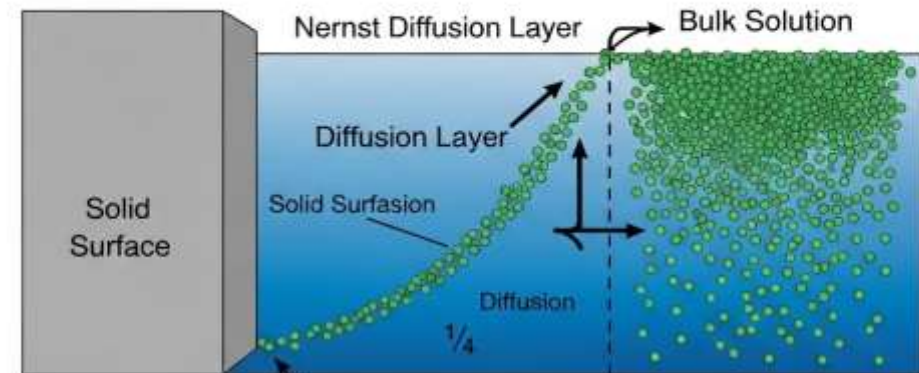
# DISSOLUTION CONTROLLED RELEASE

It is a **rate determining** step when liquid is diffusing from solid. Several **theories** explain dissolution:.

## Theories of Dissolution

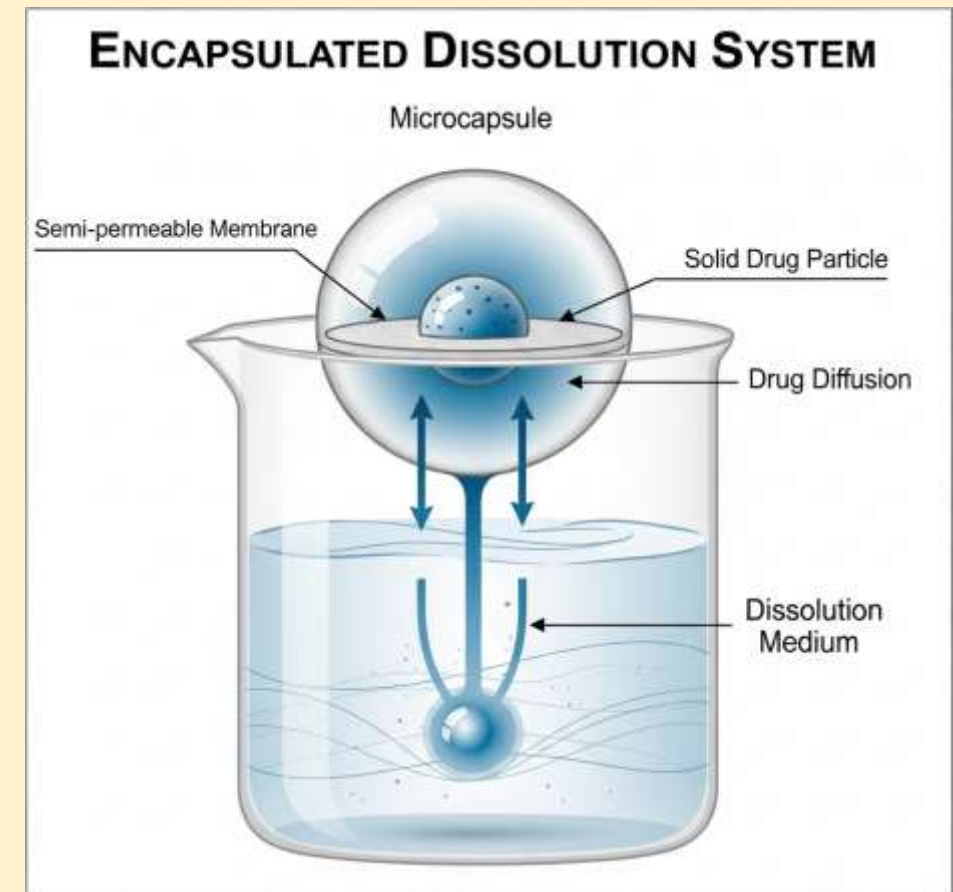


## The Diffusion Layer Theory



# ENCAPSULATED DISSOLUTION SYSTEM

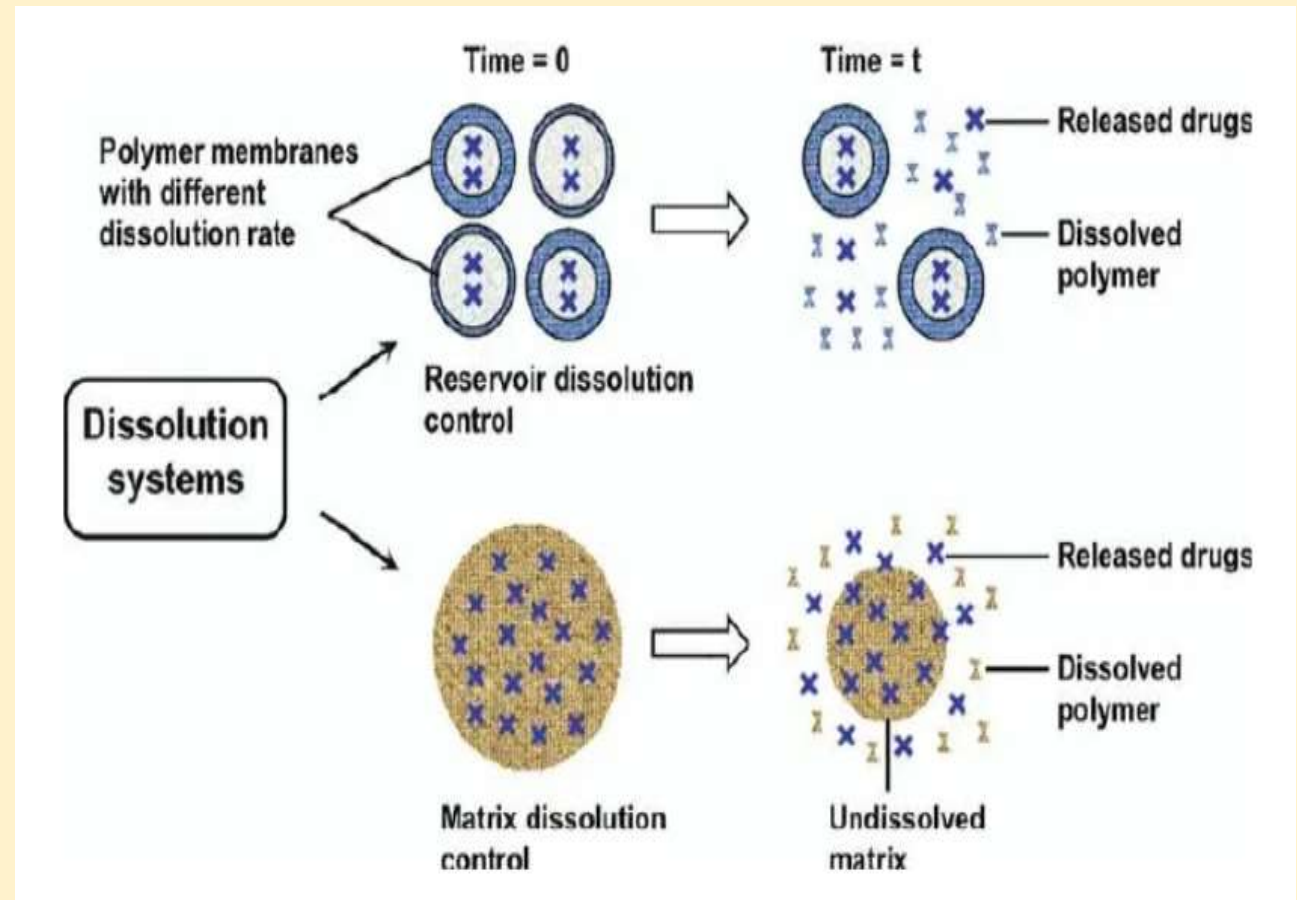
This refers to a mechanism where the drug is enclosed within an **encapsulating material**, such as a capsule or coating, that controls its release through **dissolution**. The encapsulating material dissolves gradually in the presence of body fluids, allowing the drug to be **released** over time. The rate of release depends on the **solubility** and **degradation rate** of the encapsulating material, as well as environmental factors like **pH** and **temperature**.



# MATRIX DISSOLUTION-CONTROLLED SYSTEMS

The drug is **embedded** with in a **matrix** that **dissolves slowly**, releasing the drug gradually.

This approach is often used for **water-soluble** drugs where the matrix material controls the **release rate**.



# DIFFUSION-CONTROLLED SYSTEMS

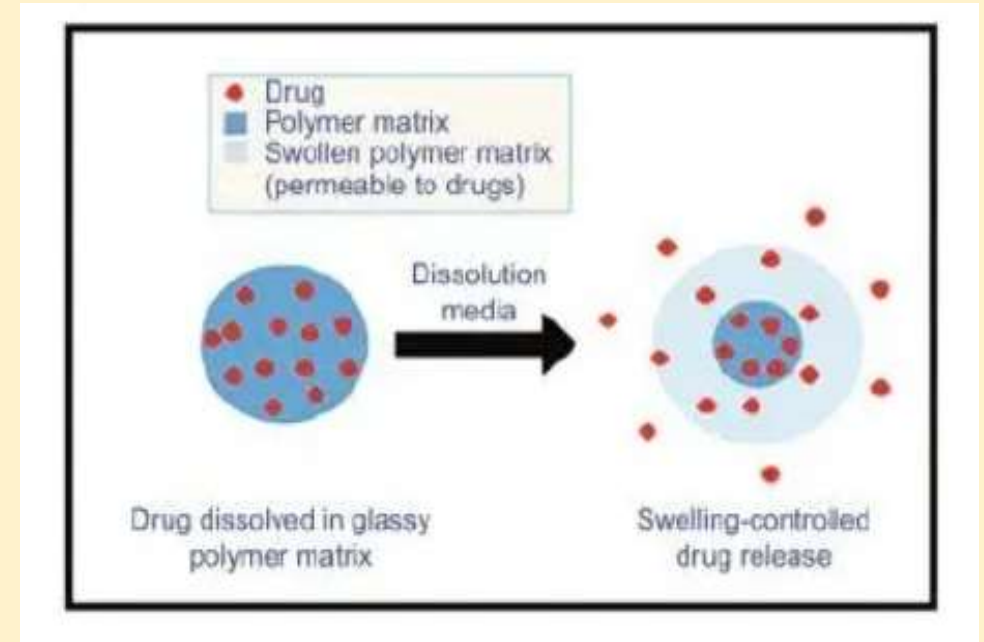
This involves the movement of drug molecules from a region of **higher concentration** (within the delivery system) to a region of **lower concentration** (the surrounding environment, such as bodily fluids) through a rate-limiting barrier, such as a polymer matrix or membrane. The rate of release depends on factors like the drug's **concentration gradient**, the properties of the barrier (e.g., porosity, thickness), and the diffusion coefficient of the drug.

# RESERVOIR SYSTEMS

In these systems, the drug is **enclosed** within a **core** surrounded by a **rate-controlling polymeric** membrane. The drug **diffuses** through the membrane at a **controlled rate**. Examples include transdermal patches

(e.g., Nitro-Dur for nitro-glycerine) and ocular inserts

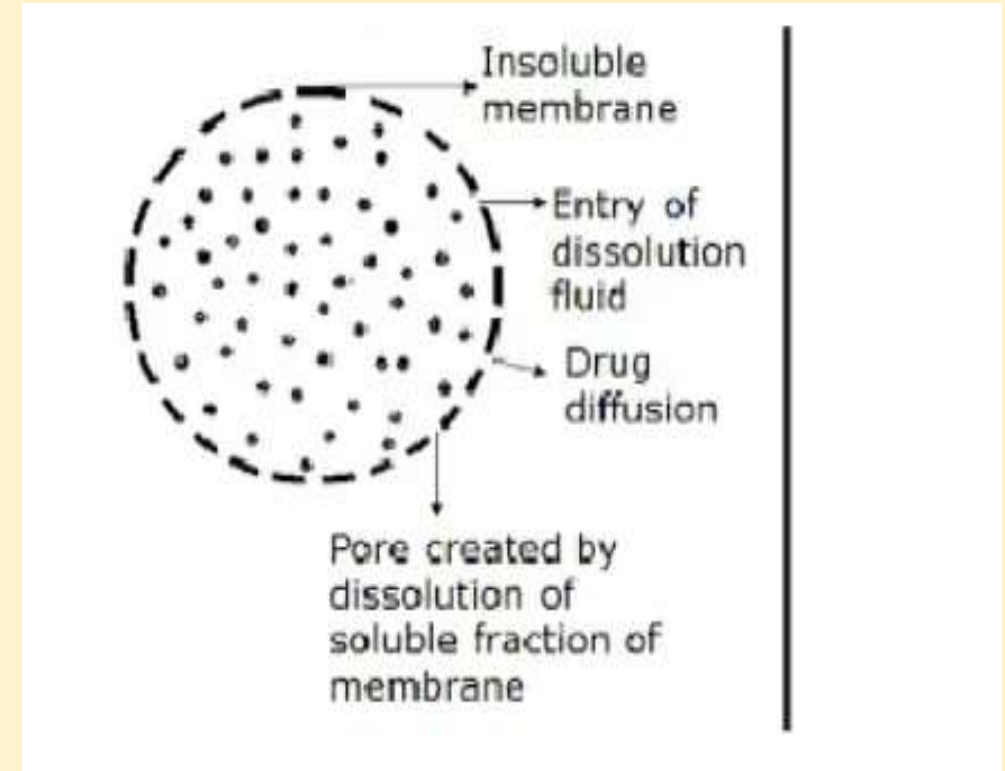
(e.g., Ocusert for pilocarpine).





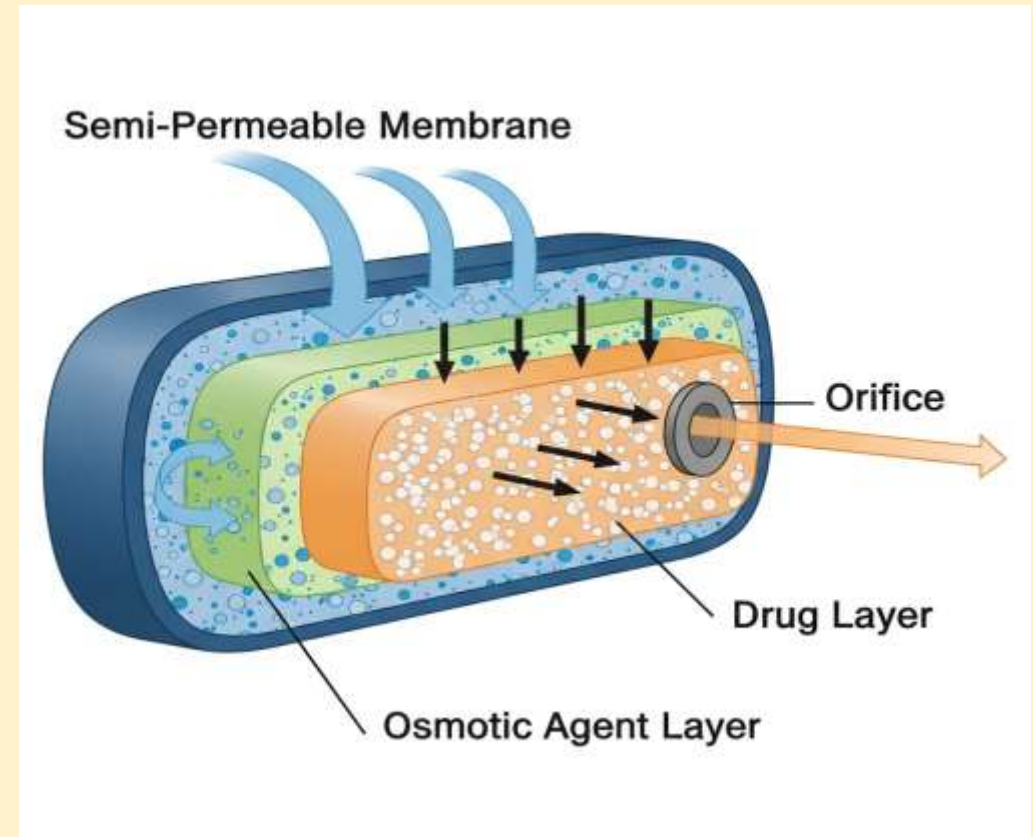
# MATRIX SYSTEMS

In matrix systems, the drug is dispersed **uniformly** throughout a **polymeric matrix**. The drug release occurs as it diffuses out of the **matrix**. This approach is commonly used for **oral controlled release tablets** (e.g., Theophylline in Theo-24)



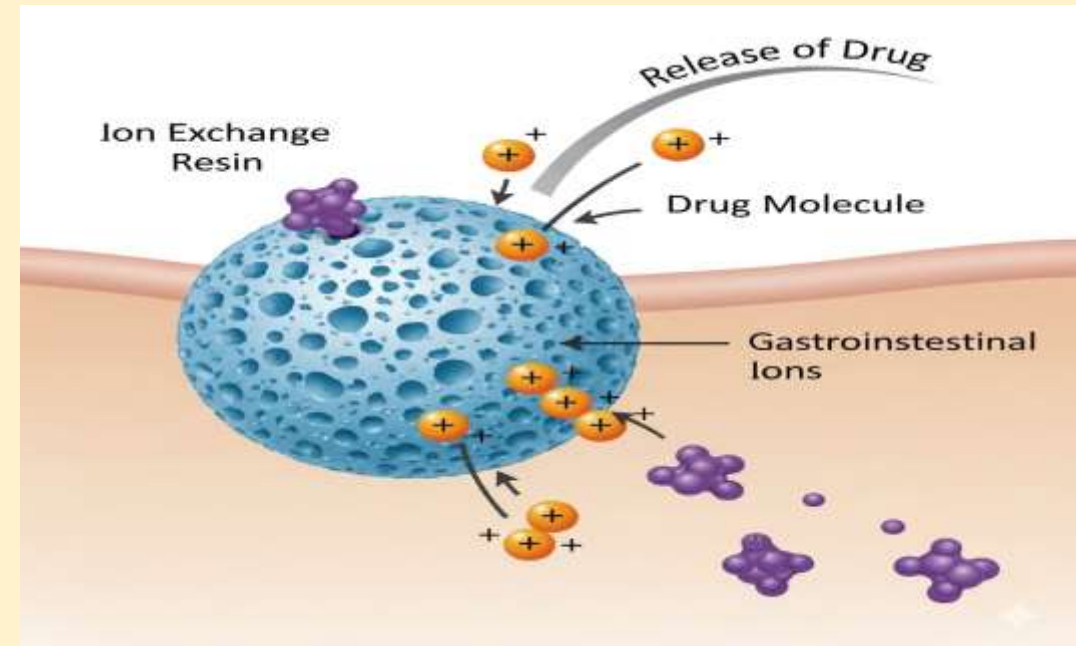
# OSMOTIC-CONTROLLED SYSTEMS

Utilize **osmotic pressure** to control drug release. The system typically consists of a **core** containing the **drug** and osmotic agents surrounded by a **semi-permeable membrane** with a **laser-drilled orifice**. Water enters the core through the **membrane**, creating **osmotic pressure** that **pushes** the drug out through the **orifice** at a controlled rate.



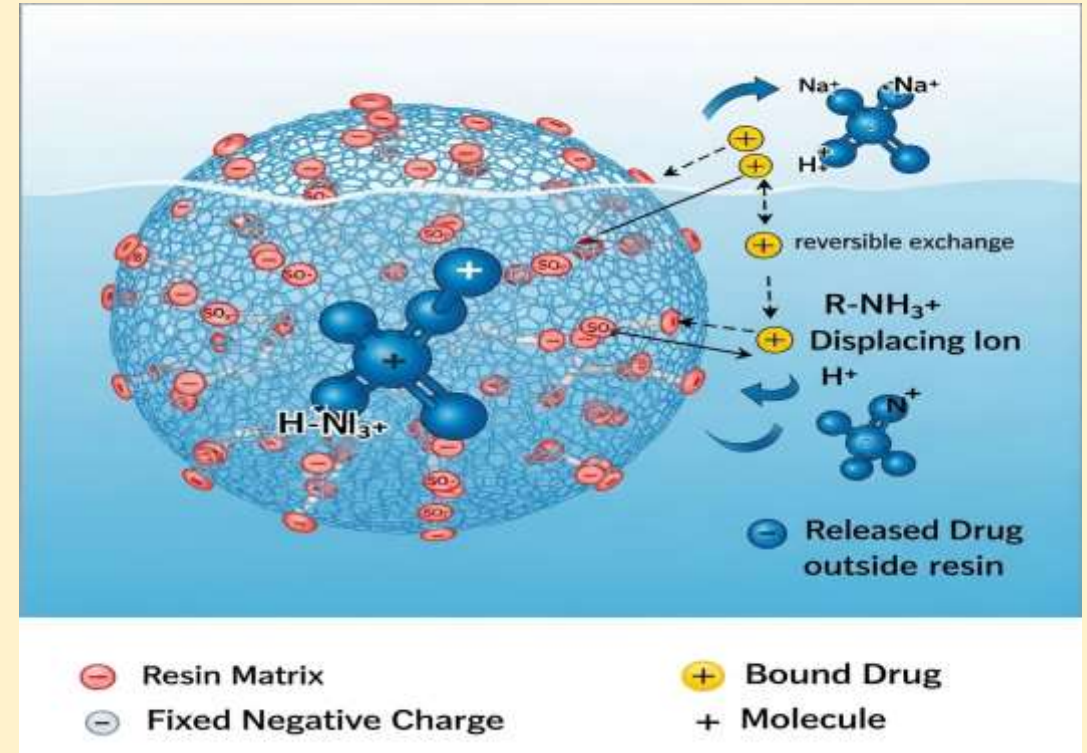
# ION EXCHANGE SYSTEMS

Ion exchange systems use ion **exchange resins** to control drug release. The drug is **bound** to an ion exchange resin, and release occurs when ions in the **gastrointestinal tract** exchange with the **drug ions**, causing a **controlled release**



# MECHANISM OF ION EXCHANGE RESINS

The basic principle of ion exchange resins involves the **reversible exchange** of ions between the resin and the surrounding medium. Ion exchange resins contain **charged groups** (cationic or anionic) on their matrix that interact with **oppositely charged** drugs or ions in solution

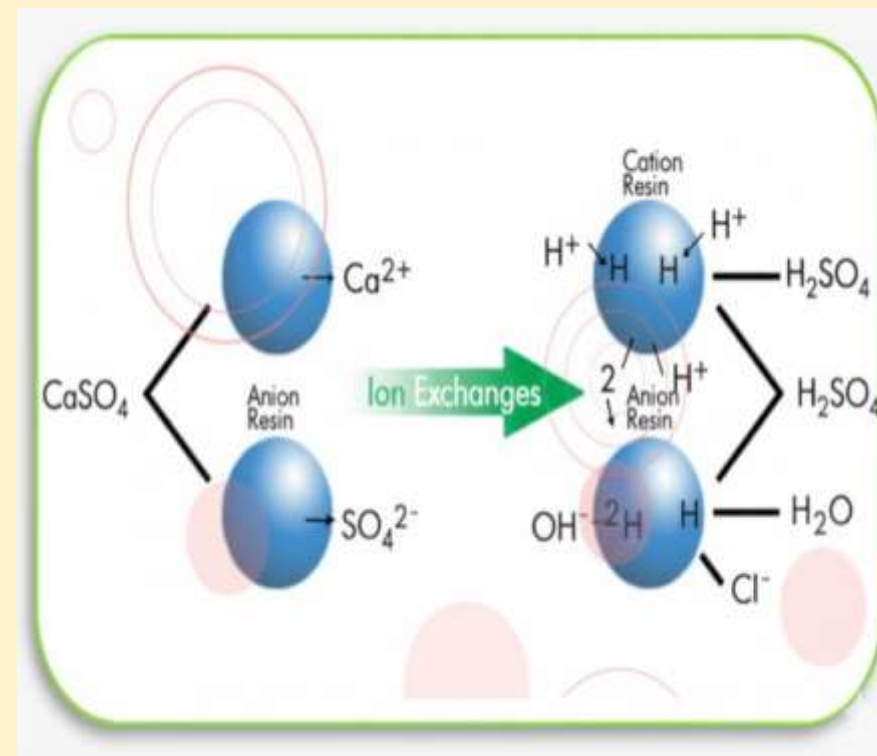


## CATION EXCHANGE RESINS :

These resins contain **acidic** functional groups (e.g., sulfonic acid or carboxylic acid) and exchange their **positively** charged counter-ions (usually hydrogen ions) with cationic drugs

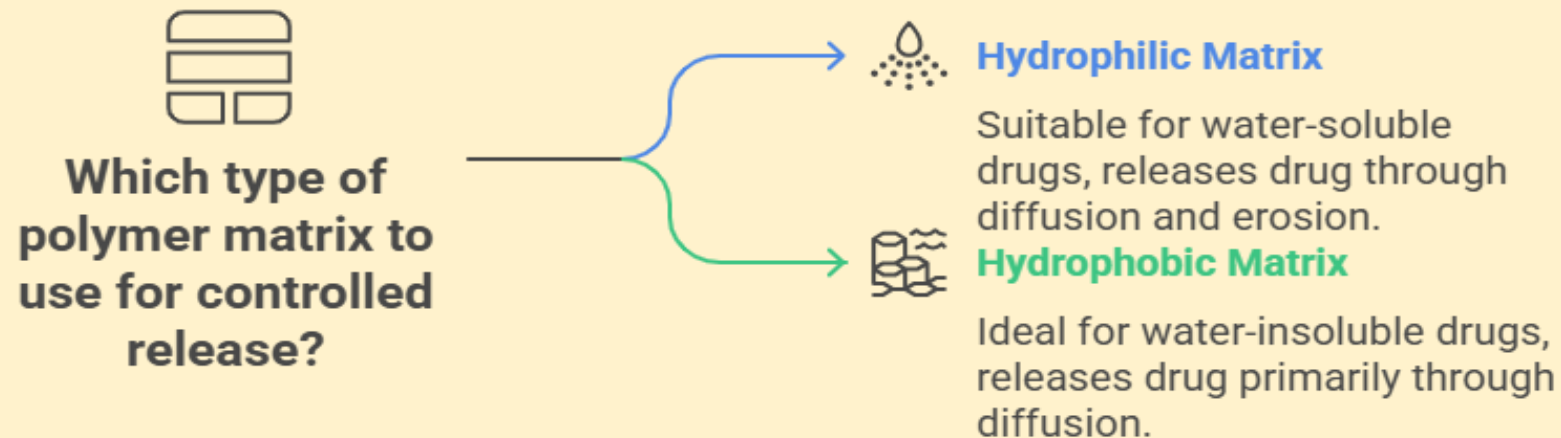
## ANION EXCHANGE RESINS :


These resins contain basic **functional groups**(e.g., quaternary ammonium) and exchange their **negatively** charged counter-ions (usually chloride or hydroxide ions) with **anionic drugs**



# MATRIX-BASED SYSTEMS

They are versatile and widely used in controlled release formulations. In these systems, the drug is **embedded** in a polymer matrix that **controls** the release rate. The matrix can be designed to release the drug by **diffusion, erosion**, or a combination of both.

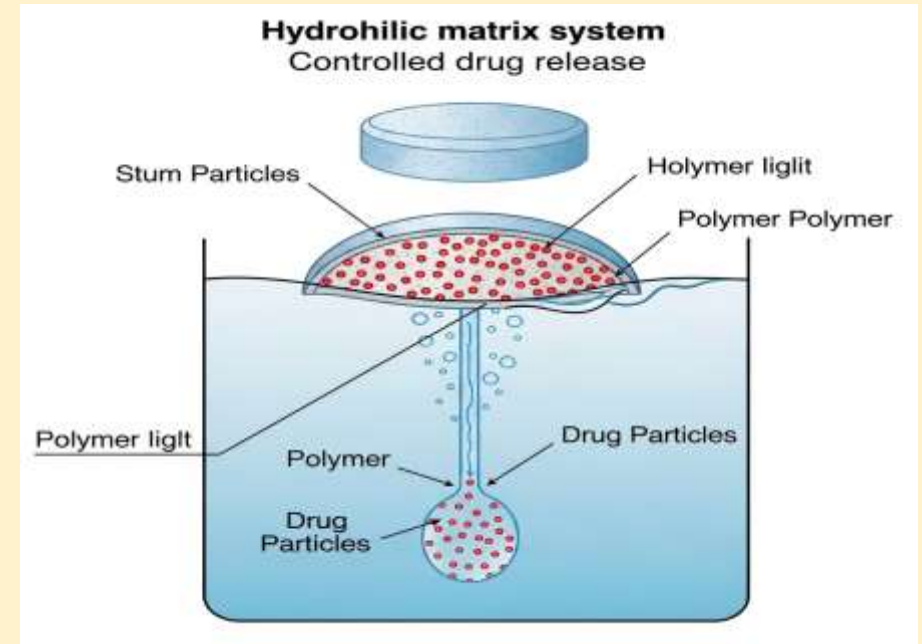


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# HYDROPHILIC MATRIX

The drug is dispersed in a **hydrophilic matrix** (e.g., hydroxypropyl methylcellulose). When **exposed to water** or gastrointestinal fluids, the **matrix swells**, forming a **gel barrier** that **control drug release**



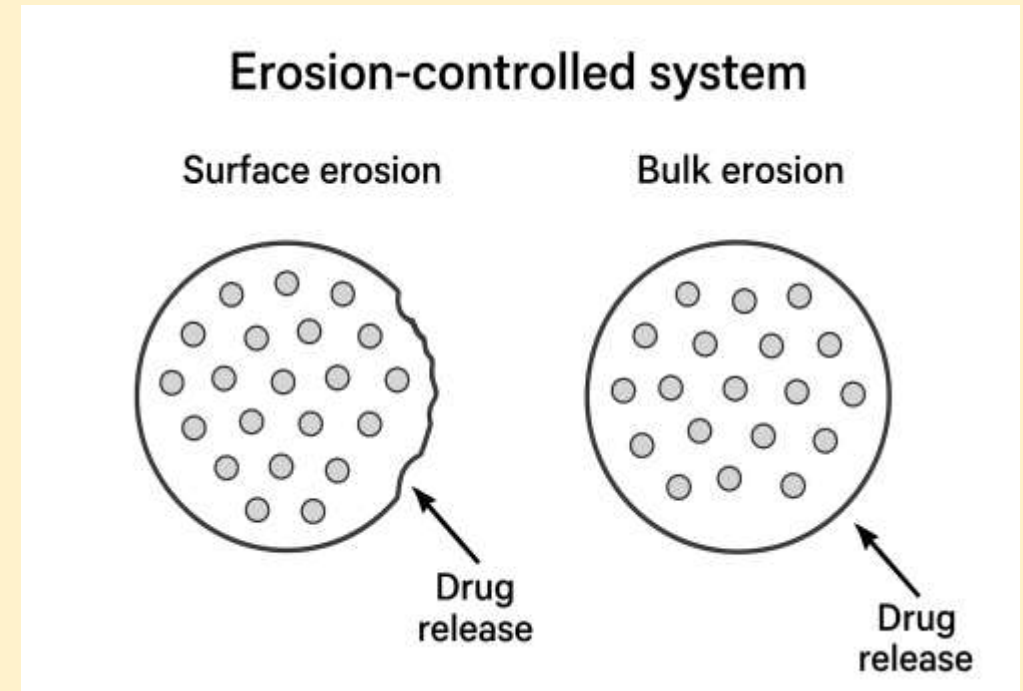
# HYDROPHOBIC MATRIX SYSTEMS

The drug is dispersed in a **hydrophobic matrix** (e.g., ethyl cellulose) that remains **intact** in the gastrointestinal tract and the drug is released by **diffusion** through the matrix.

Example : Ferro-Sequels (ferrous fumarate) uses **a hydrophobic matrix** to control iron release for the treatment of anaemia.

# EROSION-CONTROLLED SYSTEMS

Erosion-controlled systems rely on the **gradual degradation** or erosion of the matrix material to control drug release. This can occur through **surface erosion**, where the outer layer of the matrix erodes, or bulk erosion, where the entire **matrix degrades**.



## pH-RESPONSIVE SYSTEMS

These systems release drugs in response to **pH changes** in the environment. They are particularly useful for targeting **specific regions** in the gastrointestinal tract

## THERMO-RESPONSIVE SYSTEMS

These systems release drugs in response to **temperature changes**. For example, hydrogels that become **more permeable** at body temperature can be used for **localized delivery**

# CLASS ASSESSMENTS

**1. What is the primary advantage of Controlled Release Drug Delivery Systems (CRDDS) over conventional drug delivery?**

- a. They require more frequent administration.
- b. They maintain drug levels within a desired range for an extended period.
- c. They reduce patient compliance.
- d. They are only suitable for drugs with a narrow therapeutic index.

**2. In an osmotic-controlled system, what is the key mechanism for drug release?**

- a. Gradual dissolution of the polymer matrix.
- b. Diffusion of the drug through a polymeric membrane.
- c. The gradual degradation or erosion of the matrix material.
- d. Osmotic pressure pushes the drug out through a laser-drilled orifice.



**3. Which type of system relies on the reversible exchange of ions between the resin and the surrounding medium to release the drug?**

- a. Diffusion-controlled system
- b. Ion-exchange system.
- c. Erosion-controlled system.
- d. Dissolution-controlled system.

**4. According to the presentation, a drug dispersed in a hydrophilic matrix, such as hydroxypropyl methylcellulose, is released when:**

- a. The matrix erodes completely.
- b. The matrix swells and forms a gel barrier.
- c. The drug diffuses through a hydrophobic membrane.
- d. The drug is pushed out by osmotic pressure.



**5.What is the main difference between an anion exchange resin and a cation exchange resin?**

- a. Anion resins exchange positively charged ions while cation resins exchange negatively charged ions.
- b. Anion resins release drugs through surface erosion while cation resins release drugs through bulk erosion.
- c. Anion resins contain basic functional groups and exchange their negatively charged counter-ions, while cation resins contain acidic functional groups and exchange their positively charged counter-ions.
- d. There is no difference; they are two terms for the same mechanism.

# REFERENCES

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3. <https://www.sciencedirect.com/journal/journal-of-controlled-release>
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# Thank You

