



# **SNS COLLEGE OF TECHNOLOGY**

**Coimbatore-35**  
**An Autonomous Institution**

Accredited by NBA – AICTE and Accredited by NAAC – UGC with ‘A++’ Grade  
Approved by AICTE, New Delhi & Affiliated to Anna University, Chennai

## **DEPARTMENT OF AGRICULTURAL ENGINEERING**

**19AGE307-ERGONOMICS OF FARM MACHINERY AND IMPLEMENTS**

**TOPIC –III ANTHROPOMETRIC DIMENSIONS AND STRENGTH PARAMETERS**





# ANTHROPOMETRIC DIMENSIONS

- Involve the quantitative assessment of body size, shape, and composition.
- Common measurements include height, weight, limb lengths, circumferences, and skinfold thickness.
- Play a crucial role in various fields such as ergonomics, biomechanics, and design, workspaces.



# TYPICAL ANTHROPOMETRIC MEASUREMENTS

- a. Height, standing
- b. Height, sitting
- c. Weight
- d. Waist circumference
- e. Waist-to-hip ratio
- f. Waist-to-height ratio
- g. Body Mass Index



# STRENGTH PARAMETERS

- ✓ Define an individual's physical capacity to exert force.
- ✓ Include muscular strength, endurance, power, and flexibility.
- ✓ Key determinant of overall physical capability.

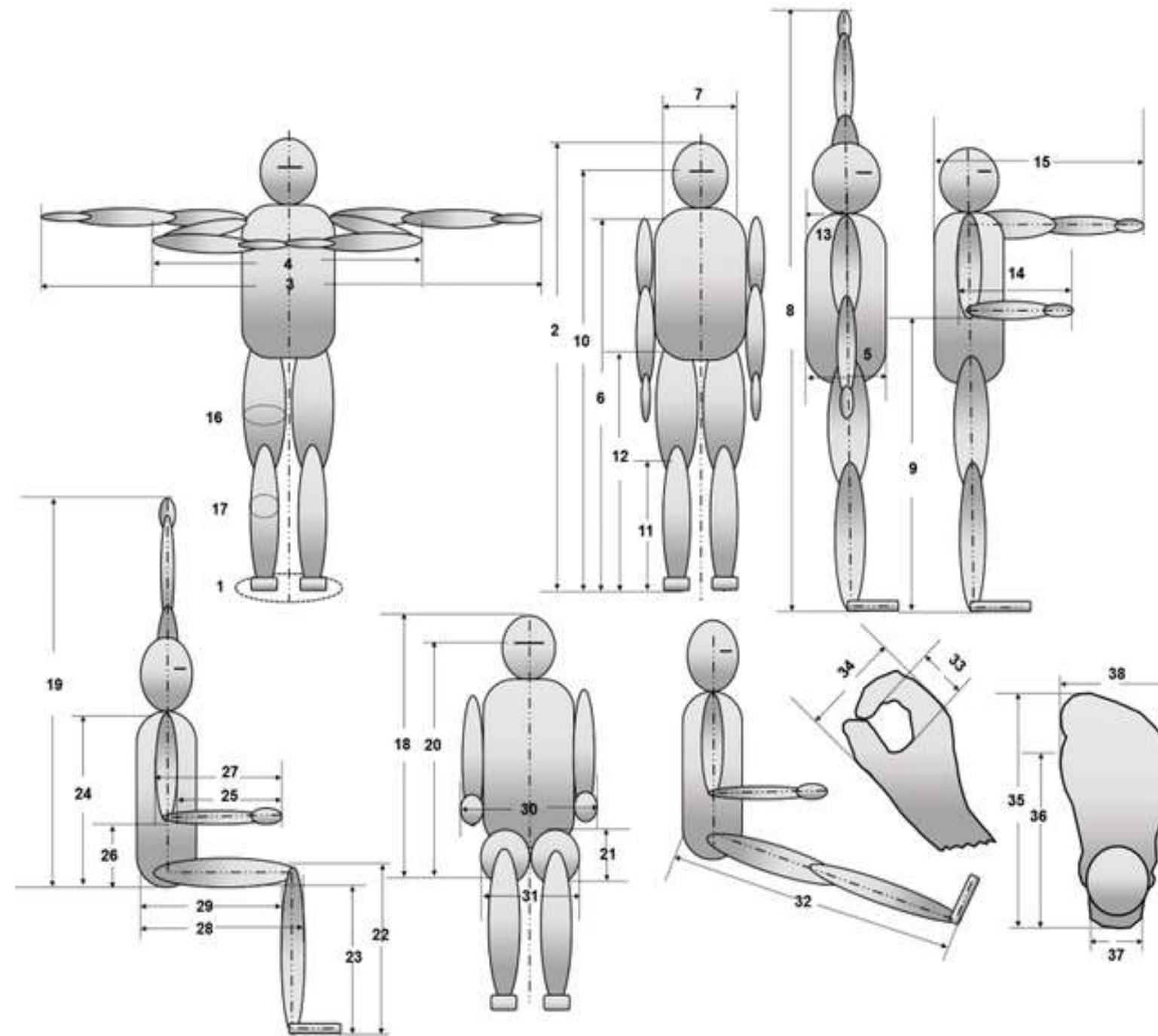


## RELATIONSHIP BETWEEN ANTHROPOMETRIC DIMENSIONS AND STRENGTH PARAMETERS

- Anthropometric dimensions and strength parameters is intricate.
- Body composition, influenced by anthropometry, can affect strength-to-weight ratios.
- Anthropometric dimensions influence strength and movement patterns.
- Integral components of human physiology with broad implications for health, design, and athletic performance.



# ANTHROPOMETRIC DIMENSIONS



- 1 Weight, kg
- 2 Stature
- 3 Span
- 4 Span akimbo
- 5 Abdominal extension to wall
- 6 Acromial height
- 7 Biacromial breadth
- 8 Vertical grip reach
- 9 Olecranon height
- 10 Eye height
- 11 Knee height
- 12 Trochanteric height
- 13 Wall to acromion distance
- 14 Elbow grip length
- 15 Shoulder grip length
- 16 Thigh circumference
- 17 Calf circumference
- 18 Sitting height
- 19 Vertical grip reach (sitting)
- 20 Eye height (Sitting)
- 21 Thigh clearance height sitting
- 22 Knee height (sitting)
- 23 Popliteal height (sitting)
- 24 Acromion height (Sitting)
- 25 Coronoid fossa to hand length
- 26 Elbow rest height
- 27 Fore arm hand length
- 28 Buttock knee length
- 29 Buttock popliteal length
- 30 Elbow-elbow breadth sitting
- 31 Hip breadth (sitting)
- 32 Functional leg length
- 33 Grip diameter (Inside)
- 34 Grip diameter (outside)
- 35 Foot length
- 36 Instep length
- 37 Heel breadth
- 38 Foot breadth





## PROCEDURE FOR MEASURING ANTHROPOMETRIC DIMENSIONS

- 1) Isolate the equipments and prepare the subject.
- 2) Let the subject stand on the pentagonal platform of anthropometric equipment type A.
- 3) Measure the height, while standing, and while sitting in accordance with the instruments depicted.
- 4) Note the dimensions where the equipment type A and then introduce equipment type B. Vice-versa is also possible
- 5) Record each reading according to specifications
- 6) Put the subject into the anthropometric seat and take the dimensions as per the diagram.
- 7) Repeat similarly to different number of subjects



# ANTHROPOMETRY DIMENSIONS



Fig. 10.1 Equipments used for anthropometric measurements.

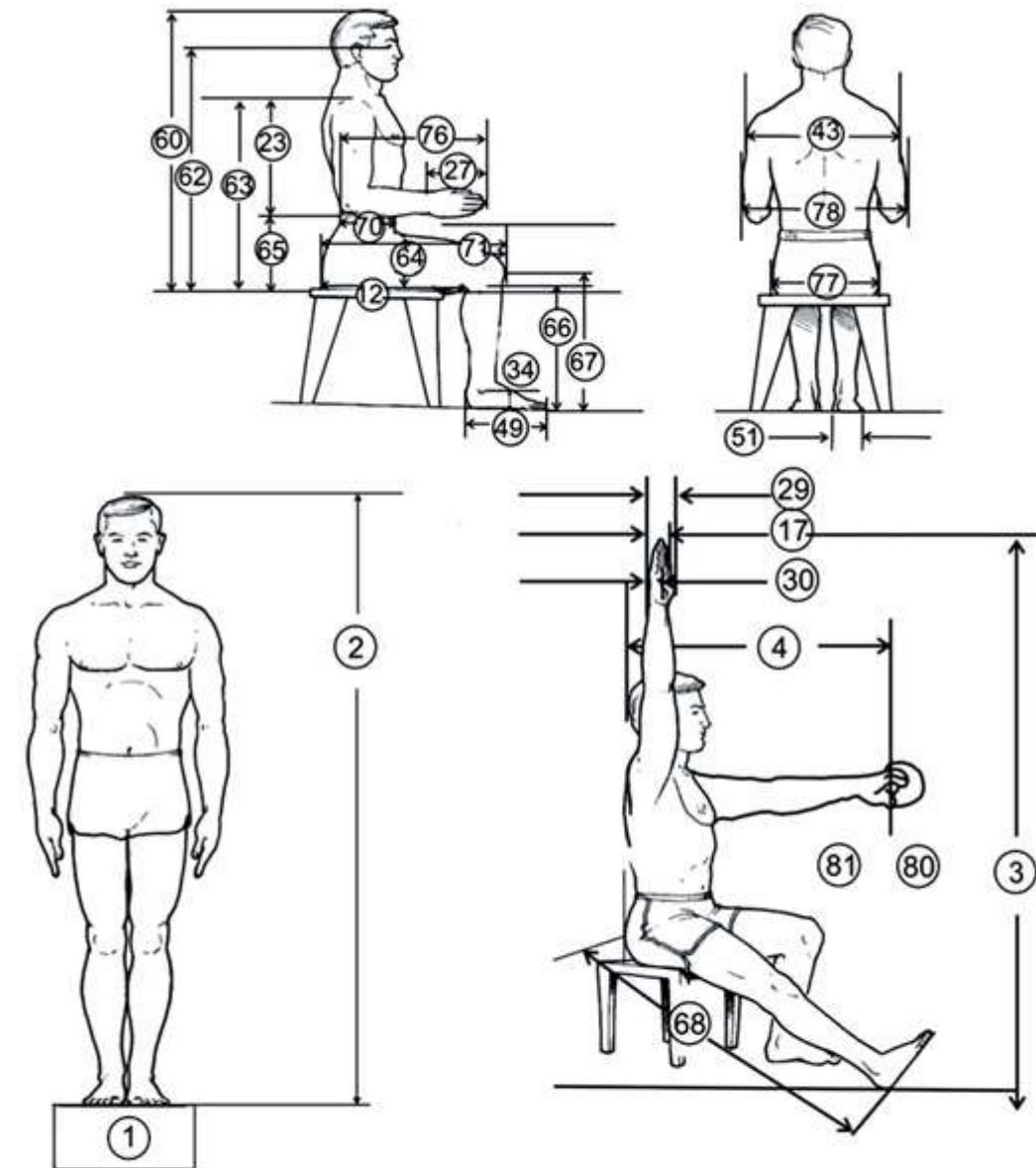


Fig.10.10 Measurement of Major Anthropometry Dimensions

(Legend as mentioned in Table.10.1)





# ANTHROPOMETRY DIMENSIONS



**Fig. 10.2 Eye height**



**Fig.10.3 Olecranon**



**Fig. 10.4 Biacromial breadth**



**Fig. 10.5 Vertical grip reach**



## REFERENCES

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Thank You