

Indian culture contribution to the world

Indian culture has made significant contributions to the world in various aspects. The religious development and interpretation of scriptures by Sri Ramakrishna have shaped a free-thinking and self-respecting citizenry in India . The spread of Indian languages, religions, arts, and architectural styles to other regions of Asia has influenced the cultural landscape of South Asia and Southeast Asia . The Vedic and Upanishadic times have fostered a rich history of thought in science, philosophy, religion, and the arts, with Indian seer-scientists and geniuses making groundbreaking discoveries and inventions . Indian art, particularly the depiction of Lord Shiva, has played a significant role in shaping Indian culture Indian literature, believed to be the oldest in the world, offers a vast reservoir of knowledge that sheds light on the past, present, and future, making it a glorious gift to the world

A rich 4500-year-old cultural history, 28 states, 8 union territories, and 1.3 billion people - make for the unique and mesmerizing land that India is today. It is not just a country but an amalgamation of culture, diversity, and festivities. Whether you are seeking adventure or tranquillity, there's something for everyone choosing to travel or live in India. While this young, thriving country draws people to a plethora of sights, sounds, smells, and tastes, it also offers invaluable things that the world can learn and imbibe.

Here are some of the things that the rest of the world can take away from India's old yet ever-evolving culture.

The Multicultural Spirit

Be it language, food, clothing, dance, music, or art - each state has its own unique cultural identity. People from all walks of life peacefully come together to organise various festivals with ease and display their celebratory spirit. This true display of unity in diversity in every aspect is no easy feat, making it a thing worth appreciating and learning from.

Deep-rooted Philosophies

One look at our history and know that India has always accepted different cultures and ideologies. This is also reflected in our humble greeting 'Namaste' - where 'Nama' means 'bow' and 'te' means 'to you' in Sanskrit, honouring the sentiment that all humans are created equal. Following the philosophy of 'Atithi Devo Bhava', which translates to 'the guest is God', Indians go to all possible lengths to make their guests feel welcome, comfortable, and most importantly, well-fed. Indian culture is also big on practising gratitude and being content. Adding such a holistic approach to life can help one gain endless benefits.

Ancient Wellness Practices

India has offered the world alternate, organic disciplines of spiritual mindfulness and medicine system, namely Yoga and Ayurveda, respectively. Yoga, meaning 'unite' in Sanskrit, helps one connect their consciousness to the divine through asanas (body postures), breathing exercises, and meditation. On the other hand, the old medical practice of Ayurveda involves herbal treatments for ailments, rejuvenating massages, healthy diet plans, yogic chanting, and breathing - to bring balance to an individual's life. Next time you hear someone raving about the benefits of yoga, or using coconut oil for healthier hair, or sipping turmeric latte to boost immunity, know that these practices for physical, mental, and spiritual nourishment have been common in India for centuries.

Economic Way of Living

Savings come naturally to Indians, so does invest for a safe and comfortable future. They are aces in finding quality products and getting the best value-for-money deals. International students and travellers can definitely benefit from inculcating this habit and controlling expenses to enjoy a good standard of living. After all, who doesn't love discounts?

Importance of Education

From launching satellites and spacecraft into space to being a global hub of innovation, technology, and manufacturing, India takes pride in being an emerging economy. To keep the momentum of economic growth going, India gives great importance to pursuing a quality education. According to the World Culture Score for Reading, Indians are the world's biggest bookworms, reading 10.7 hours a week on average. This fact proves that Indians have for good appetite for knowledge, a habit that many can take a cue from.

Language Learning Skills

The 22 official languages and 19500+ dialects spoken in India is proof that the country is linguistically rich. Most Indians grow up speaking multiple languages. Learning different languages can sharpen thinking and memory skills, increase awareness of other cultures, and improve your job prospects in the future too. So waste no more time and pick up a language to learn soon!

The Art of Jugaad

Officially accepted as a word in the Oxford dictionary, the term 'Jugaad' means a flexible approach to solving a problem with limited resources. No matter the problem, there's always a creative and ingenious hack available. Recognised throughout the world, this art should be mastered by one and all!

Gadget-free Ways to Play and Unwind

When in India, these Indian games are a must-try! Indians find more excitement in indoor games like Chess, Carrom, Snake and Ladders, Ludo, and outdoor games like Kho-Kho, Kabaddi, Gilli Danda, and Gully cricket.

Spirit of Charity

Philanthropy has been ingrained in the Indian culture and lifestyle. According to the Indian Central Bureau of Investigation, India has one non-profit for every 600 people, which continues to grow. Indian people are dedicated to giving back to their local communities through volunteering, fundraising, or donating. If the rest of the world adopts this habit, there would be less hunger and poverty, more literacy, and empowerment.